

**Sugar Grove Developmental Day School  
Safe Sleep Policy**

- Babies are placed on their back for naps. Babies are allowed to assume a natural sleep position once they are able to roll from their back.
- The back sleep position for babies pertains to all healthy babies unless medically warranted otherwise.
- All cribs are safety approved.
- All crib mattresses are firm.
- There are not toys, stuffed animals, baby bags, pillows, and excess bedding in cribs while babies sleep.
- The room temperature is always between 68 and 72 degrees F.
- No secondhand cigarette, cigar, or pipe tobacco smoke is allowed around babies.
- Sleeping babies are ALWAYS monitored. Teachers document on each infant under the age of 12 months, while asleep every 15 minutes.
- We provide supervised “tummy time” when infants are awake.
- All infant and toddler staff have had “ITS SIDS” approved by the Division of Child Development and have orientation on our own “Safe Sleep Policy”.
- Staff perform drills to practice emergency procedures if an infant or toddler stops breathing or is unresponsive.
- We follow the “Feet to Foot” rule – place infant toward the foot of the crib. We place a light blanket underneath baby’s armpits and tuck it along the sides of the mattress and the foot of the crib.
- We never cover the baby’s face with blankets or bedding.
- We do not let the baby overheat – please dress your baby in layers that can be removed.
- WE do not let infants sleep on sofas, chairs, or pillows.

Parent’s Signature

Date

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